



Úrslit

SuSvim Open Jan 2025

Stað: Páls Høll
Hylur: 50m

Fyrirtekari: SuSvim
Stevnudagur: jan 11, 2025 til jan 12, 2025

Kapping 1, 50m Frí Kvinnur - Final

FAR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FRO) Bergen (NOR) 15.04.2018
FAR.JR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FRO) Bergen (NOR) 15.04.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård Entry time: 27.05 (+1.05)	2003 Suðuroyar Svimmifelag		593	28.10	
2	Lea Osberg Højsted Entry time: 27.67 (+1.21)	2008 Svimmifelagið Ægir		546	28.88	+0.78
3	Jórun Winther Entry time: 28.91 (+0.56)	2011 Suðuroyar Svimmifelag		514	29.47	+1.37
4	Durita Mohr Askham Entry time: 29.45 (+0.65)	2008 Svimmifelagið Ægir		482	30.10	+2.00
5	Jóhanna Ólavsdóttir Entry time: 29.55 (+0.67)	2007 Fuglafjarðar Svimmifelag		476	30.22	+2.12
6	Sissal Rógvadóttir Entry time: 30.54 (+0.20)	2010 Suðuroyar Svimmifelag		453	30.74	+2.64
=7	Lilja Lenvig Harrysdóttir Entry time: 29.85 (+0.96)	2009 Havnar Svimmifelag		450	30.81	+2.71
=7	Lea Petersen Entry time: 30.13 (+0.68)	2009 Svimmifelagið Ægir		450	30.81	+2.71
9	Sirið Vesturtún Entry time: 30.50 (+0.42)	2011 Fuglafjarðar Svimmifelag		445	30.92	+2.82
10	Emma Debes Entry time: 30.18 (+1.38)	2010 Suðuroyar Svimmifelag		418	31.56	+3.46
11	Talita Johannesen Entry time: 31.79 (+1.04)	2010 Suðuroyar Svimmifelag		371	32.83	+4.73
12	Ninna í Hjøllum Entry time: 32.21 (+0.98)	2009 Suðuroyar Svimmifelag		359	33.19	+5.09
13	Lilja Sørensen Entry time: 32.74 (+1.24)	2011 Havnar Svimmifelag		335	33.98	+5.88
14	Naomi Friang Entry time: 33.96 (+0.32)	2010 Fuglafjarðar Svimmifelag		326	34.28	+6.18
15	Lilja Strøm Winther Entry time: 33.60 (+1.49)	2009 Suðuroyar Svimmifelag		304	35.09	+6.99
16	Ragnhild Jacobsen Entry time: 33.65 (+1.95)	2008 Svimmifelagið Ægir		291	35.60	+7.50
17	Lea í Trøðini Entry time: 36.24 (-0.53)	2011 Suðuroyar Svimmifelag		289	35.71	+7.61
18	India Linnea Bech Entry time: 34.77 (+1.02)	2011 Havnar Svimmifelag		287	35.79	+7.69
19	Jytte Kirke Davidsen Entry time: 44.90 (-6.36)	2013 Suðuroyar Svimmifelag		229	38.54	+10.44
20	Leah Biskopstø Nielsen Entry time: 43.68 (-3.37)	2012 Havnar Svimmifelag		200	40.31	+12.21



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Kapping 1, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
21	Ebba Kirke Davidsen Entry time: 46.11 (-3.35)	2013 Suðuroyar Svímjifelag		168	42.76	+14.66
22	Tóta Sofía Gudmundsen Entry time: 50.78 (-3.75)	2014 Suðuroyar Svímjifelag		126	47.03	+18.93
23	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag		48	1:04.94	+36.84
	- Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag			DNS	
	- Rakul J Højbro	2011 Fuglafjarðar Svímjifelag			DNS	
	- Bjarta í Lágabø	2009 Suðuroyar Svímjifelag			DNS	
	- Noomi Hella Jacobsen	2012 Havnar Svímjifelag			DNS	
	- Julía Amona Ludvig	2013 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 11.01.2025 09:10:49

Kapping 2, 50m Frí Menn - Final

FAR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012
FAR.JR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard Entry time: 26.38 (-0.36)	1992 Suðuroyar Svímjifelag		518	26.02	
2	Fróði Hansen Entry time: 26.43 (+0.03)	2008 Fuglafjarðar Svímjifelag		493	26.46	+0.44
3	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		439	27.50	+1.48
4	Bárður Ólavsson Entry time: 27.15 (+0.42)	2008 Fuglafjarðar Svímjifelag		436	27.57	+1.55
5	Jóhannis í Stórustovu Entry time: 27.02 (+0.94)	2011 Havnar Svímjifelag		418	27.96	+1.94
6	Tórir Olsen Entry time: 29.19 (+0.24)	2011 Svímjifelagið Ægir		358	29.43	+3.41
7	Sigbjartur J. Egholm Entry time: 28.49 (+1.06)	2009 Havnar Svímjifelag		354	29.55	+3.53
8	Teitur Winther Entry time: 28.79 (+1.07)	2005 Suðuroyar Svímjifelag		343	29.86	+3.84
9	Theodor Salter Entry time: 29.23 (+0.88)	2011 Havnar Svímjifelag		334	30.11	+4.09
10	Teitur Miné Róason Entry time: 30.05 (+0.30)	2011 Havnar Svímjifelag		327	30.35	+4.33
11	Aron Berg Joensen Entry time: 29.86 (+0.79)	2009 Havnar Svímjifelag		317	30.65	+4.63
12	Jónatan Samuelsen Entry time: 29.56 (+1.39)	2010 Havnar Svímjifelag		308	30.95	+4.93
13	Fríðálvur Eliassen Entry time: 32.70 (-1.10)	2011 Fuglafjarðar Svímjifelag		289	31.60	+5.58
14	Nóa Róason Stakksund Entry time: 31.59 (+0.25)	2011 Havnar Svímjifelag		283	31.84	+5.82
15	Símun Eliassen Entry time: 32.63 (+0.54)	2011 Havnar Svímjifelag		250	33.17	+7.15



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Kapping 2, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
16	Terji Kjærbo Entry time: 36.23 (-3.04)	2012 Suðuroyar Svímjifelag		250	33.19	+7.17
17	Dávur Eið Entry time: 34.07 (-0.64)	2012 Suðuroyar Svímjifelag		244	33.43	+7.41
18	Andrias Mellemgard Entry time: 34.32 (+0.72)	2009 Havnar Svímjifelag		212	35.04	+9.02 S9
19	Jógvan Vesturtún Entry time: 36.61 (-0.99)	2013 Fuglafjarðar Svímjifelag		202	35.62	+9.60
20	Bragi Bjarnason Entry time: 36.69 (-0.67)	2012 Havnar Svímjifelag		195	36.02	+10.00
21	Kían Sairoid Villanueva Entry time: 37.52 (+0.79)	2013 Fuglafjarðar Svímjifelag		162	38.31	+12.29
22	Bænadikt Helig Eliassen Entry time: 38.92 (+0.34)	2013 Fuglafjarðar Svímjifelag		151	39.26	+13.24
23	Jonnhard Winther Entry time: 40.53 (+1.51)	2015 Suðuroyar Svímjifelag		123	42.04	+16.02
24	Benjamin Clementsen Entry time: 43.61 (-1.41)	2012 Suðuroyar Svímjifelag		121	42.20	+16.18
25	Bárður Rógvason Entry time: 46.30 (-3.35)	2013 Suðuroyar Svímjifelag		115	42.95	+16.93
26	Niels Jacob Thomsen Entry time: 44.98 (+0.25)	2014 Suðuroyar Svímjifelag		98	45.23	+19.21
-	Haraldur Mortensen SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)	2010 Suðuroyar Svímjifelag			DSQ	
-	Heini Mohr Askham	2006 Svímjifelagið Ægir			DNS	

Kapping almenn: 11.01.2025 09:22:42

Kapping 3, 100m Bringu Kvinnur - Final

FAR 1:14.06 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Helsinki (FIN) 03.07.2024
FAR.JR 1:14.06 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Helsinki (FIN) 03.07.2024

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 1:11.87 (+7.89) 50m: 37.93 100m: 1:19.76 (41.83)	2008 Svímjifelagið Ægir		519	1:19.76	
2	Rebekka Róðinsdóttir Entry time: 1:19.43 (+3.58) 50m: 40.02 100m: 1:23.01 (42.99)	2007 Fuglafjarðar Svímjifelag		461	1:23.01	+3.25
3	Róa Trygvadóttir Entry time: 1:17.21 (+7.45) 50m: 40.81 100m: 1:24.66 (43.85)	2008 Svímjifelagið Ægir		434	1:24.66	+4.90
4	Sissal Rógvadóttir Entry time: 1:20.52 (+4.54) 50m: 40.41 100m: 1:25.06 (44.65)	2010 Suðuroyar Svímjifelag		428	1:25.06	+5.30
5	Talita Johannesen Entry time: 1:21.79 (+6.27) 50m: 41.28 100m: 1:28.06 (46.78)	2010 Suðuroyar Svímjifelag		386	1:28.06	+8.30



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Kapping 3, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Durita Mohr Askham	2008 Svimmifelagið Ægir		328	1:32.99	+13.23
	Entry time: 1:28.19 (+4.80)					
	50m: 44.69	100m: 1:32.99 (48.30)				
7	Mariella Henriksen	2010 Havnar Svimmifelag		319	1:33.77	+14.01
	Entry time: 1:27.82 (+5.95)					
	50m: 45.08	100m: 1:33.77 (48.69)				
8	Emma Debess	2010 Suðuroyar Svimmifelag		292	1:36.56	+16.80
	Entry time: 1:37.56 (-1.00)					
	50m: 46.88	100m: 1:36.56 (49.68)				
9	Naomi Friang	2010 Fuglafjarðar Svimmifelag		265	1:39.83	+20.07
	Entry time: 1:36.84 (+2.99)					
	50m: 49.54	100m: 1:39.83 (50.29)				
10	India Linnea Bech	2011 Havnar Svimmifelag		234	1:44.04	+24.28
	Entry time: 1:38.95 (+5.09)					
	50m: 50.13	100m: 1:44.04 (53.91)				
-	Leah Biskopstø Nielsen	2012 Havnar Svimmifelag			DSQ	
	SW 7.1. Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark					
-	Felisia Florinsdóttir	2012 Fuglafjarðar Svimmifelag			DNS	
-	Rakul J Højbro	2011 Fuglafjarðar Svimmifelag			DNS	
-	Noomi Hella Jacobsen	2012 Havnar Svimmifelag			DNS	
-	Julia Amona Ludvig	2013 Suðuroyar Svimmifelag			DNS	

Kapping almenn: 11.01.2025 09:37:40

Kapping 4, 100m Bringu Menn - Final

FAR 1:05.35 Róland Toftum 1998 Suðuroyar Svimmifelag (FR Broenshoej (DEN) 04.04.2017
FAR.JR 1:06.14 Rókur Trygvason 2000 Svimmifelagið Reysti (FRO) Bergen (NOR) 13.04.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Fuglafjarðar Svimmifelag		371	1:19.14	
	Entry time: 1:11.63 (+7.51)					
	50m: 36.63	100m: 1:19.14 (42.51)				
2	Andrias Mellemgard	2009 Havnar Svimmifelag		197	1:37.65	+18.51 SB8
	Entry time: 1:33.26 (+4.39)					
	50m: 46.48	100m: 1:37.65 (51.17)				
3	Jógvan Vesturtún	2013 Fuglafjarðar Svimmifelag		147	1:47.65	+28.51
	Entry time: 1:45.51 (+2.14)					
	50m: 51.45	100m: 1:47.65 (56.20)				
4	Dávur Eið	2012 Suðuroyar Svimmifelag		145	1:48.03	+28.89
	Entry time: 1:47.70 (+0.33)					
	50m: 53.45	100m: 1:48.03 (54.58)				
5	Terji Kjarbo	2012 Suðuroyar Svimmifelag		105	2:00.43	+41.29
	Entry time: 2:05.07 (-4.64)					
	50m: 57.00	100m: 2:00.43 (1:03.43)				
6	Benjamin Clementsen	2012 Suðuroyar Svimmifelag		66	2:20.58	+1:01.44
	Entry time: 2:10.72 (+9.86)					
	50m: 1:05.00	100m: 2:20.58 (1:15.58)				
7	Niels Jacob Thomsen	2014 Suðuroyar Svimmifelag		55	2:29.42	+1:10.28
	Entry time: 2:27.56 (+1.86)					
	50m: 1:09.13	100m: 2:29.42 (1:20.29)				



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Kapping 4, 100m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag			DSQ	

Kapping almenn: 11.01.2025 09:39:52

Kapping 5, 100m Rygg Kvinnur - Final

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	03.04.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		445	1:15.04	
	Entry time: 1:09.91 (+5.13)					
	50m: 37.24	100m: 1:15.04 (37.80)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag		395	1:18.10	+3.06
	Entry time: 1:12.51 (+5.59)					
	50m: 37.58	100m: 1:18.10 (40.52)				
3	Naomi Friang	2010 Fuglafjarðar Svímjifelag		258	1:29.98	+14.94
	Entry time: 1:22.23 (+7.75)					
	50m: 45.52	100m: 1:29.98 (44.46)				
4	Lilja Sørensen	2011 Havnar Svímjifelag		257	1:30.16	+15.12
	Entry time: 1:24.13 (+6.03)					
	50m: 44.50	100m: 1:30.16 (45.66)				
5	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		239	1:32.31	+17.27
	Entry time: 1:35.31 (-3.00)					
		100m: 1:32.31 (1:32.31)				
6	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag		128	1:53.56	+38.52
	Entry time: 1:52.40 (+1.16)					
	50m: 54.90	100m: 1:53.56 (58.66)				
7	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag		120	1:56.22	+41.18
	Entry time: 2:03.37 (-7.15)					
	50m: 56.77	100m: 1:56.22 (59.45)				
8	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		106	2:00.95	+45.91
	Entry time: 2:04.00 (-3.05)					
	50m: 58.31	100m: 2:00.95 (1:02.64)				
-	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 11.01.2025 09:48:12

Kapping 6, 100m Rygg Menn - Final

FAR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FAR.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		392	1:10.46	
	Entry time: 1:08.92 (+1.54)					
	50m: 33.82	100m: 1:10.46 (36.64)				
2	Theodor Salter	2011 Havnar Svímjifelag		269	1:19.86	+9.40
	Entry time: 1:19.48 (+0.38)					
	50m: 39.44	100m: 1:19.86 (40.42)				
3	Aron Berg Joensen	2009 Havnar Svímjifelag		262	1:20.58	+10.12
	Entry time: 1:15.96 (+4.62)					
	50m: 38.89	100m: 1:20.58 (41.69)				
4	Tórir Olsen	2011 Svímjifelagið Ægir		260	1:20.82	+10.36
	Entry time: 1:17.30 (+3.52)					
	50m: 39.69	100m: 1:20.82 (41.13)				

12-01-2025 15:03:57

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 5/24





Úrslit

Kapping 6, 100m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Jónatan Samuelson	2010 Havnar Svimmifelag		252	1:21.68	+11.22
	Entry time: 1:13.90 (+7.78)					
	50m: 40.54	100m: 1:21.68 (41.14)				
6	Haraldur Mortensen	2010 Suðuroyar Svimmifelag		237	1:23.32	+12.86
	Entry time: 1:21.63 (+1.69)					
	50m: 40.58	100m: 1:23.32 (42.74)				
7	Terji Kjærbo	2012 Suðuroyar Svimmifelag		190	1:29.67	+19.21
	Entry time: 1:34.63 (-4.96)					
	50m: 44.26	100m: 1:29.67 (45.41)				
8	Símun Eliassen	2011 Havnar Svimmifelag		182	1:30.95	+20.49
	Entry time: 1:33.67 (-2.72)					
	50m: 44.42	100m: 1:30.95 (46.53)				
9	Bragi Bjarnason	2012 Havnar Svimmifelag		166	1:33.83	+23.37
	Entry time: 1:43.76 (-9.93)					
	50m: 46.13	100m: 1:33.83 (47.70)				
10	Jógvan Vesturtún	2013 Fuglafjarðar Svimmifelag		147	1:37.60	+27.14
	Entry time: 1:37.68 (-0.08)					
	50m: 48.56	100m: 1:37.60 (49.04)				
11	Kian Sairoid Villanueva	2013 Fuglafjarðar Svimmifelag		131	1:41.53	+31.07
	Entry time: 1:41.53	100m: 1:41.53 (52.86)				
12	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svimmifelag		120	1:44.34	+33.88
	Entry time: 1:44.36 (-0.02)					
	50m: 52.29	100m: 1:44.34 (52.05)				
13	Jonnhard Winther	2015 Suðuroyar Svimmifelag		106	1:48.87	+38.41
	Entry time: 1:44.53 (+4.34)					
		100m: 1:48.87 (1:48.87)				
14	Benjamin Clementsen	2012 Suðuroyar Svimmifelag		103	1:49.76	+39.30
	Entry time: 1:40.47 (+9.29)					
		100m: 1:49.76 (1:49.76)				
15	Bárður Rógvason	2013 Suðuroyar Svimmifelag		96	1:52.45	+41.99
	Entry time: 1:49.87 (+2.58)					
	50m: 54.67	100m: 1:52.45 (57.78)				
-	Heini Mohr Askham	2006 Svimmifelagið Ægir			DNS	

Kapping almenn: 11.01.2025 09:55:30

Kapping 9, 200m Blandað Kvinnur - Final

FAR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svimmifelag (FR Laugardalslaug (ISL) 23.01.2016
FAR.JR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svimmifelag (FR Laugardalslaug (ISL) 23.01.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svimmifelag		548	2:34.10	
	Entry time: 2:30.39 (+3.71)					
	50m: 34.18	100m: 1:15.32 (41.14)	150m: 1:58.20 (42.88)	200m: 2:34.10 (35.90)		
2	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svimmifelag		525	2:36.25	+2.15
	Entry time: 2:26.95 (+9.30)					
	50m: 33.21	100m: 1:11.86 (38.65)	150m: 2:00.35 (48.49)	200m: 2:36.25 (35.90)		
3	Sissal Rógvadóttir	2010 Suðuroyar Svimmifelag		393	2:52.07	+17.97
	Entry time: 2:41.29 (+10.78)					
	50m: 37.99	100m: 1:22.94 (44.95)	150m: 2:11.80 (48.86)	200m: 2:52.07 (40.27)		
4	Lea Petersen	2009 Svimmifelagið Ægir		295	3:09.41	+35.31
	Entry time: 2:48.95 (+20.46)					
	50m: 40.46	100m: 1:30.25 (49.79)	150m: 2:28.12 (57.87)	200m: 3:09.41 (41.29)		

12-01-2025 15:03:57

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svimmifelag

Síða 6/24





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Kapping 9, 200m Blandað Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Lilja Sørensen	2011 Havnar Svímjifelag		269	3:15.25	+41.15
	Entry time: 3:10.70 (+4.55)					
	50m: 46.93	100m: 1:34.92 (47.99)	150m: 2:33.58 (58.66)	200m: 3:15.25 (41.67)		
6	India Linnea Bech	2011 Havnar Svímjifelag		236	3:24.04	+49.94
	50m: 48.13	100m: 1:41.85 (53.72)	150m: 2:38.09 (56.24)	200m: 3:24.04 (45.95)		
-	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 11.01.2025 10:28:21

Kapping 10, 200m Blandað Menn - Final

FAR 2:06.92 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012
FAR.JR 2:06.92 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Theodor Salter	2011 Havnar Svímjifelag		337	2:43.73	
	Entry time: 2:44.81 (-1.08)					
	50m: 34.64	100m: 1:16.80 (42.16)	150m: 2:07.57 (50.77)	200m: 2:43.73 (36.16)		
2	Jónatan Samuelsen	2010 Havnar Svímjifelag		276	2:55.01	+11.28
	Entry time: 2:56.12 (-1.11)					
	50m: 40.85	100m: 1:24.93 (44.08)	150m: 2:16.57 (51.64)	200m: 2:55.01 (38.44)		
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		260	2:58.60	+14.87
	Entry time: 3:01.84 (-3.24)					
	50m: 38.77	100m: 1:26.85 (48.08)	150m: 2:20.96 (54.11)	200m: 2:58.60 (37.64)		
4	Teitur Miné Róason	2011 Havnar Svímjifelag		248	3:01.43	+17.70
	Entry time: 3:02.11 (-0.68)					
	50m: 37.07	100m: 1:24.83 (47.76)	150m: 2:19.27 (54.44)	200m: 3:01.43 (42.16)		
5	Andrias Mellemgard	2009 Havnar Svímjifelag		226	3:06.92	+23.19
	Entry time: 3:03.68 (+3.24)					
	50m: 41.27	100m: 1:34.53 (53.26)	150m: 2:24.48 (49.95)	200m: 3:06.92 (42.44)		
6	Aron Berg Joensen	2009 Havnar Svímjifelag		170	3:25.42	+41.69
	Entry time: 2:58.31 (+27.11)					
	50m: 36.99	100m: 1:35.03 (58.04)	150m: 2:34.69 (59.66)	200m: 3:25.42 (50.73)		
-	Símun Eliassen	2011 Havnar Svímjifelag			DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					

Kapping almenn: 11.01.2025 10:29:46

Kapping 11, 400m Frí Kvinnur - Final

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN)) 07.07.2016
FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN)) 07.07.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir		497	4:56.97	
	Entry time: 4:34.52 (+22.45)					
	50m: 33.44	100m: 1:10.73 (37.29)	150m: 1:49.01 (38.28)	200m: 2:27.53 (38.52)		
	250m: 3:04.68 (37.15)	300m: 3:42.22 (37.54)	350m: 4:20.14 (37.92)	400m: 4:56.97 (36.83)		
2	Jórun Winther	2011 Suðuroyar Svímjifelag		414	5:15.63	+18.66
	Entry time: 5:04.04 (+11.59)					
	50m: 34.20	100m: 1:12.93 (38.73)	150m: 1:51.92 (38.99)	200m: 2:32.15 (40.23)		
	250m: 3:12.37 (40.22)	300m: 3:53.88 (41.51)	350m: 4:34.83 (40.95)	400m: 5:15.63 (40.80)		
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		354	5:32.60	+35.63
	Entry time: 5:09.60 (+23.00)					
	50m: 35.17	100m: 1:15.98 (40.81)	150m: 1:58.32 (42.34)	200m: 2:41.54 (43.22)		
	250m: 3:24.72 (43.18)	300m: 4:07.79 (43.07)	350m: 4:50.86 (43.07)	400m: 5:32.60 (41.74)		



Úrslit

Kapping 11, 400m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		346	5:35.27	+38.30
	Entry time: 5:22.45 (+12.82)					
	50m: 36.29	100m: 1:17.36 (41.07)	150m: 1:59.70 (42.34)	200m: 2:42.93 (43.23)		
	250m: 3:25.94 (43.01)	300m: 4:09.29 (43.35)	350m: 4:52.38 (43.09)	400m: 5:35.27 (42.89)		
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag		269	6:04.53	+1:07.56
	Entry time: 5:40.38 (+24.15)					
	50m: 39.10	100m: 1:11.04 (31.94)	150m: 2:11.04 (2:11.04) (47.00)	200m: 3:04.53 (44.49)		
	250m: 3:46.13 (3:46.13)	300m: 4:32.92 (46.79)	350m: 5:19.99 (47.07)	400m: 6:04.53 (44.54)		
-	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag			DNS	

Kapping almenn: 11.01.2025 10:34:48

Kapping 12, 400m Frí Menn - Final

FAR	3:46.84	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	22.03.2012	
FAR.JR	3:59.67	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Dordrecht (NED)	09.07.2014	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		505	4:36.28	
	Entry time: 4:48.21 (-11.93)					
	50m: 30.64	100m: 1:04.32 (33.68)	150m: 1:39.13 (34.81)	200m: 2:16.28 (37.15)		
	250m: 2:50.83 (2:50.83)	300m: 3:26.36 (35.53)	350m: 4:02.37 (36.01)	400m: 4:36.28 (33.91)		
2	Tórir Olsen	2011 Svímjeflagið Ægir		367	5:07.21	+30.93
	Entry time: 4:52.60 (+14.61)					
	50m: 33.90	100m: 1:11.91 (38.01)	150m: 1:51.26 (39.35)	200m: 2:31.61 (40.35)		
	250m: 3:12.56 (40.95)	300m: 3:52.80 (40.24)		400m: 5:07.21 (5:07.21)		
3	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		292	5:31.43	+55.15
	Entry time: 5:16.11 (+15.32)					
	50m: 35.95	100m: 1:16.48 (40.53)	150m: 1:59.73 (43.25)	200m: 2:43.79 (44.06)		
	250m: 3:27.97 (44.18)	300m: 4:11.12 (43.15)	350m: 4:53.32 (42.20)	400m: 5:31.43 (38.11)		
4	Nóa Róason Staksund	2011 Havnar Svímjifelag		264	5:42.81	+1:06.53
	Entry time: 5:40.12 (+2.69)					
	50m: 37.30	100m: 1:19.24 (41.94)	150m: 2:02.36 (43.12)	200m: 2:42.81 (39.45)		
	250m: 3:30.47 (3:30.47)	300m: 4:58.71 (1:28.24)		400m: 5:42.81 (5:42.81)		
5	Bragi Bjarnason	2012 Havnar Svímjifelag		230	5:59.06	+1:22.78
	Entry time: 6:16.99 (-17.93)					
	50m: 38.42	100m: 1:22.49 (44.07)	150m: 2:09.34 (46.85)	200m: 2:59.06 (49.72)		
	250m: 3:41.75 (3:41.75)	300m: 4:37.64 (44.15)	350m: 5:13.71 (5:13.71)	400m: 5:59.06 (45.35)		
6	Dávur Eið	2012 Suðuroyar Svímjifelag		226	6:00.97	+1:24.69
	Entry time: 6:07.22 (-6.25)					
	50m: 42.39	100m: 1:29.97 (47.58)	150m: 2:16.28 (46.31)	200m: 3:03.74 (3:03.74) (47.46)		
		300m: 4:37.64 (4:37.64)		400m: 6:00.97 (6:00.97)		
-	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag			DSQ	
	SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)					
-	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag			DSQ	
	SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)					
-	Jóhannis í Stórustovu	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 11.01.2025 10:56:43

Kapping 13, 4x100m Frí Kvinnur - Final

FAR	4:03.56	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	27.05.2017	
FAR.JR	4:06.78	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	13.03.2016	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur



Úrslit

Kapping 13, 4x100m Frí Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Suðuroyar Svímjifelag		22 Suðuroyar Svímjifelag	399	4:42.36	
	Alisa Vestergård	2003		31.40	1:05.90	1:05.90
	Lilja Strøm Winther	2009		35.87	1:20.88	2:26.78
	Jórun Winther	2011		30.68	1:05.45	3:32.23
	Emma Debes	2010		32.92	1:10.13	4:42.36
2	Suðuroyar Svímjifelag lag 2		16 Suðuroyar Svímjifelag	333	4:59.92	+17.56
	Lea í Trøðini	2011		37.46	1:20.21	1:20.21
	Sissal Rógvadóttir	2010		34.26	1:13.65	2:33.86
	Talita Johannesen	2010		34.02	1:12.43	3:46.29
	Ninna í Hjøllum	2009		35.58	1:13.63	4:59.92
3	HS GENTUR 1		16 Havnar Svímjifelag	331	5:00.34	+17.98
	Lilja Lenvig Harrysdóttir	2009		33.12	1:07.86	1:07.86
	Lilja Sørensen	2011		37.61	1:19.13	2:26.99
	India Linnea Bech	2011		39.78	1:22.44	3:49.43
	Mariella Henriksen	2010		34.00	1:10.91	5:00.34
-	Fuglafjarðar Svímjifelag		18 Fuglafjarðar Svímjifelag		DSQ	
	SW 4.4 Tjövstartur (startari og yvirdómari skulu vera samdir)					
	Jóhanna Ólavsdóttir	2007			DSQ	
	Rebekka Róðinsdóttir	2007				
	Sirið Vesturtún	2011				
	Naomi Friang	2010				
-	Svímjifelagið Ægir		17 Svímjifelagið Ægir		DSQ	
	SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)					
	Durita Mohr Askham	2008		32.88	1:07.57	1:07.57
	Lea Petersen	2009		32.26	1:08.12	2:15.69
	Lea Osberg Højsted	2008				DSQ
	Róa Trygvadóttir	2008				

Kapping almenn: 11.01.2025 11:17:37

Kapping 14, 4x100m Frí Menn - Final

FAR	3:36.87	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	12.05.2024	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS DREINGIR 2		14 Havnar Svímjifelag	307	4:39.02	
	Jóhannis í Stórustovu	2011		31.04	1:05.38	1:05.38
	Nóa Róason Stakksund	2011			1:12.59	2:17.97
	Teitur Miné Róason	2011		34.47	1:11.70	3:29.67
	Theodor Salter	2011		33.46	1:09.35	4:39.02
2	HS DREINGIR 1		16 Havnar Svímjifelag	274	4:49.75	+10.73
	Jónatan Samuelsen	2010		34.03	1:12.24	1:12.24
	Símun Eliassen	2011		35.28	1:17.21	2:29.45
	Sigbjartur J. Egholm	2009		32.83	1:12.08	3:41.53
	Aron Berg Joensen	2009		32.12	1:08.22	4:49.75



Úrslit

Kapping 14, 4x100m Frí Menn - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
-	Fuglafjarðar Svímjifelag	14	Fuglafjarðar Svímjifelag			DSQ
	SW 4.4. Tjónvstartur (startari og yvirdómari skulu vera samdir)					
	Bænadikt Helig Eliassen	2013				DSQ
	Fríðálvur Eliassen	2011				
	Jógvan Vesturtún	2013				
	Kían Sairoid Villanueva	2013				
-	HS DREINGIR 3	0	Havnar Svímjifelag			DNS

Kapping almenn: 11.01.2025 11:15:32

Kapping 15, 800m Frí Kvinnur - Final

FAR	9:06.88	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FRO)	Debreceen (HUN)	23.04.2022
FAR.JR	9:09.34	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FRO)	Broenshoej (DEN)	15.04.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir	469	10:23.87		
	Entry time: 9:33.64 (+50.23)					
	50m: 34.60	100m: 1:12.64 (38.04)	150m: 1:52.38 (39.74)	200m: 2:31.67 (39.29)		
	250m: 3:11.56 (39.89)	300m: 3:51.57 (40.01)	350m: 4:31.89 (40.32)	400m: 5:11.80 (39.91)		
	450m: 5:51.10 (39.30)	500m: 6:30.59 (39.49)	550m: 7:10.21 (39.62)	600m: 7:50.00 (39.79)		
	650m: 8:29.20 (39.20)	700m: 9:07.63 (38.43)	750m: 9:45.80 (38.17)	800m: 10:23.87 (38.07)		
2	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	325	11:44.80	+1:20.93	
	Entry time: 11:08.49 (+36.31)					
	50m: 38.02	100m: 1:20.35 (42.33)	150m: 2:04.76 (44.41)	200m: 2:48.55 (43.79)		
	250m: 3:33.46 (44.91)	300m: 4:17.54 (44.08)	350m: 5:01.93 (44.39)	400m: 5:45.52 (43.59)		
	450m: 6:30.01 (44.49)	500m: 7:14.38 (44.37)	550m: 7:59.47 (45.09)	600m: 8:44.05 (44.58)		
	650m: 9:29.25 (45.20)	700m: 10:14.15 (44.90)	750m: 10:59.33 (45.18)	800m: 11:44.80 (45.47)		
3	Lilja Sørensen	2011 Havnar Svímjifelag	313	11:53.27	+1:29.40	
	Entry time: 11:14.69 (+38.58)					
	50m: 40.80	100m: 1:24.20 (43.40)	150m: 2:10.41 (46.21)	200m: 2:55.42 (45.01)		
	250m: 3:40.19 (44.77)	300m: 4:24.36 (44.17)	350m: 5:10.23 (45.87)	400m: 5:55.25 (45.02)		
	450m: 6:40.55 (45.30)	500m: 7:26.01 (45.46)	550m: 8:11.81 (45.80)	600m: 8:57.34 (45.53)		
	650m: 9:42.64 (45.30)	700m: 10:27.19 (44.55)	750m: 11:10.88 (43.69)	800m: 11:53.27 (42.39)		

Kapping almenn: 11.01.2025 16:15:01

Kapping 16, 1500m Frí Menn - Final

FAR	14:46.33	Pál Joensen	1990	Suðuroyar Svímjifelag (FR)	Shanghai (CHN)	31.07.2011
FAR.JR	15:51.66	Óli Mortensen	1996	Havnar Svímjifelag (FRO)	Amsterdam (NED)	12.12.2014

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Theodor Salter	2011 Havnar Svímjifelag	430	19:13.25		
	50m: 34.99	100m: 1:12.98 (37.99)	150m: 1:51.32 (38.34)	200m: 2:30.20 (38.88)		
	250m: 3:09.57 (39.37)	300m: 3:48.78 (39.21)	350m: 4:28.18 (39.40)	400m: 5:07.26 (39.08)		
	450m: 5:46.76 (39.50)	500m: 6:26.07 (39.31)	550m: 7:05.55 (39.48)	600m: 7:44.79 (39.24)		
	650m: 8:24.55 (39.76)	700m: 9:03.12 (38.57)	750m: 9:41.73 (38.61)	800m: 10:20.15 (38.42)		
	850m: 10:58.57 (38.42)	900m: 11:37.19 (38.62)	950m: 12:15.76 (38.57)	1000m: 12:53.84 (38.08)		
	1050m: 13:32.64 (38.80)	1100m: 14:11.27 (38.63)	1150m: 14:49.70 (38.43)	1200m: 15:27.98 (38.28)		
	1250m: 16:06.64 (38.66)	1300m: 16:44.76 (38.12)	1350m: 17:22.87 (38.11)	1400m: 18:00.39 (37.52)		
	1450m: 18:37.76 (37.37)	1500m: 19:13.25 (35.49)				

Kapping almenn: 11.01.2025 16:34:51

Kapping 19, 50m Bringu Kvinnur - Final

FAR	34.01	Lea Osberg Højsted	2008	Ægir Klaksvik (FRO)	Bronshoj (DEN)	03.04.2023
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12-01-2025 15:03:59

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 10/24





Úrslit

Kapping 19, 50m Bringu Kvinnur - Final

FAR.JR	34.01	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Bronshoj (DEN)	03.04.2023	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svimmifelagið Ægir		553	35.51	
	Entry time: 33.64	(+1.87)				
2	Róa Trygvadóttir	2008 Svimmifelagið Ægir		456	37.86	+2.35
	Entry time: 35.60	(+2.26)				
3	Sissal Rógvadóttir	2010 Suðuroyar Svimmifelag		453	37.96	+2.45
	Entry time: 37.40	(+0.56)				
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svimmifelag		447	38.11	+2.60
	Entry time: 36.37	(+1.74)				
5	Talita Johannesen	2010 Suðuroyar Svimmifelag		399	39.59	+4.08
	Entry time: 37.42	(+2.17)				
6	Sirið Vesturtún	2011 Fuglafjarðar Svimmifelag		365	40.79	+5.28
	Entry time: 40.50	(+0.29)				
7	Mariella Henriksen	2010 Havnar Svimmifelag		345	41.56	+6.05
	Entry time: 40.45	(+1.11)				
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svimmifelag		331	42.14	+6.63
	Entry time: 40.21	(+1.93)				
9	Ragnhild Jacobsen	2008 Svimmifelagið Ægir		326	42.33	+6.82
	Entry time: 37.97	(+4.36)				
10	Lea Petersen	2009 Svimmifelagið Ægir		299	43.58	+8.07
	Entry time: 39.50	(+4.08)				
11	Naomi Friang	2010 Fuglafjarðar Svimmifelag		253	46.10	+10.59
	Entry time: 46.20	(-0.10)				
12	India Linnea Bech	2011 Havnar Svimmifelag		243	46.67	+11.16
	Entry time: 45.33	(+1.34)				
13	Lilja Strøm Winther	2009 Suðuroyar Svimmifelag		198	49.95	+14.44
	Entry time: 48.97	(+0.98)				
14	Lea Í Trøðini	2011 Suðuroyar Svimmifelag		161	53.53	+18.02
	Entry time: 52.61	(+0.92)				
15	Leah Biskopstø Nielsen	2012 Havnar Svimmifelag		101	1:02.50	+26.99
	Entry time: 1:08.44	(-5.94)				
16	Jytte Kirke Davidsen	2013 Suðuroyar Svimmifelag		83	1:06.60	+31.09
17	Tóta Sofía Gudmundsen	2014 Suðuroyar Svimmifelag		53	1:17.16	+41.65
-	Ebba Kirke Davidsen	2013 Suðuroyar Svimmifelag			DSQ	
	SW 7.2. Ójòvn armtøk					
-	Felisia Florinsdóttir	2012 Fuglafjarðar Svimmifelag			DNS	
-	Noomi Hella Jacobsen	2012 Havnar Svimmifelag			DNS	
-	Julia Amona Ludvig	2013 Suðuroyar Svimmifelag			DNS	

Kapping almenn: 11.01.2025 16:44:07

Kapping 20, 50m Bringu Menn - Final

FAR	29.27	Bartal Erlingsson Eidesg	2003 Havnar Svimmifelag (FRO)	Belgrade (SRB)	21.06.2024	
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svimmifelag (FR)	Broenshoej (DEN)	17.04.2016	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svimmifelag		573	31.23	
	Entry time: 30.27	(+0.96)				

12-01-2025 15:03.59

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svimmifelag

Síða 11/24





Úrslit

Kapping 20, 50m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Fróði Hansen Entry time: 31.80 (-0.50)	2008 Fuglafjarðar Svímjifelag		569	31.30	+0.07
3	Bárður Ólavsson Entry time: 34.52 (-0.15)	2008 Fuglafjarðar Svímjifelag		430	34.37	+3.14
4	Sigbjartur J. Egholm Entry time: 36.91 (+0.50)	2009 Havnar Svímjifelag		333	37.41	+6.18
5	Teitur Winther Entry time: 36.97 (+2.30)	2005 Suðuroyar Svímjifelag		288	39.27	+8.04
6	Tórir Olsen Entry time: 40.34 (+1.48)	2011 Svímjifelagið Ægir		238	41.82	+10.59
7	Jóhannis í Stórustovu Entry time: 45.16 (-1.84)	2011 Havnar Svímjifelag		214	43.32	+12.09
8	Andrias Mellemgard Entry time: 42.69 (+1.12)	2009 Havnar Svímjifelag		207	43.81	+12.58 SB8
9	Nóa Róason Stakksund Entry time: 44.43 (+0.72)	2011 Havnar Svímjifelag		189	45.15	+13.92
10	Teitur Miné Róason Entry time: 42.44 (+3.51)	2011 Havnar Svímjifelag		180	45.95	+14.72
11	Dávur Eið Entry time: 49.39 (-1.51)	2012 Suðuroyar Svímjifelag		159	47.88	+16.65
12	Fríðálvur Eliassen Entry time: 47.79 (+0.53)	2011 Fuglafjarðar Svímjifelag		154	48.32	+17.09
13	Terji Kjærbo Entry time: 55.44 (-5.49)	2012 Suðuroyar Svímjifelag		140	49.95	+18.72
14	Símun Eliassen Entry time: 45.64 (+4.79)	2011 Havnar Svímjifelag		136	50.43	+19.20
15	Jógvan Vesturtún Entry time: 49.16 (+1.62)	2013 Fuglafjarðar Svímjifelag		133	50.78	+19.55
16	Bragi Bjarnason Entry time: 1:06.51 (-6.94)	2012 Havnar Svímjifelag		82	59.57	+28.34
17	Benjamin Clementsen Entry time: 1:00.86 (+0.74)	2012 Suðuroyar Svímjifelag		74	1:01.60	+30.37
18	Kian Saiold Villanueva	2013 Fuglafjarðar Svímjifelag		58	1:06.76	+35.53
19	Bárður Rógvason Entry time: 1:06.61 (+0.26)	2013 Suðuroyar Svímjifelag		58	1:06.87	+35.64
20	Jonnhard Winther Entry time: 1:03.57 (+3.74)	2015 Suðuroyar Svímjifelag		57	1:07.31	+36.08
-	Bænadikt Helig Eliassen SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)	2013 Fuglafjarðar Svímjifelag			DSQ	
-	Niels Jacob Thomsen SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)	2014 Suðuroyar Svímjifelag			DSQ	
-	Heini Mohr Askham	2006 Svímjifelagið Ægir			DNS	

Kapping almenn: 11.01.2025 16:50:20

Kapping 21, 200m Rygg Kvinnur - Final

FAR 2:14.01 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 05.04.2017
12-01-2025 15:04:00 Dátaviðgerð: Swimify 2.12 Loyvt: Suðuroyar Svímjifelag Síða 12/24





Úrslit

Kapping 21, 200m Rygg Kvinnur - Final

FAR.JR	2:14.01	Signhild Joensen	2000	Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag	389		2:48.59	
	Entry time: 2:42.13	(+6.46)				
	50m: 38.03	100m: 1:21.16	(43.13)	150m: 2:05.16	(44.00)	200m: 2:48.59 (43.43)
2	Naomi Friang	2010 Fuglafjarðar Svímjifelag	279		3:08.43	+19.84
	Entry time: 2:55.18	(+13.25)				
	50m: 44.84	100m: 1:31.88	(47.04)	150m: 2:20.61	(48.73)	200m: 3:08.43 (47.82)

Kapping almenn: 11.01.2025 16:56:20

Kapping 22, 200m Rygg Menn - Final

FAR	2:04.12	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FAR.JR	2:04.12	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	279		2:51.25	
	Entry time: 2:40.73	(+10.52)				
	50m: 40.28	100m: 1:25.51	(45.23)	150m: 2:08.65	(43.14)	200m: 2:51.25 (42.60)
2	Terji Kjærbo	2012 Suðuroyar Svímjifelag	174		3:20.10	+28.85
	Entry time: 3:32.37	(-12.27)				
	50m: 45.71	100m: 1:37.61	(51.90)	150m: 2:30.97	(53.36)	200m: 3:20.10 (49.13)

Kapping almenn: 11.01.2025 16:59:54

Kapping 23, 100m Firvald Kvinnur - Final

FAR	1:04.58	Poula Mohr	1995	Fuglafjarðar Svímjifelag (F Barcelona (ESP)		28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001	Suðuroyar Svímjifelag (FR Vagur (FRO)		11.03.2016
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	538		1:08.19	
	Entry time: 1:06.06	(+2.13)				
	50m: 32.52	100m: 1:08.19	(35.67)			
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	454		1:12.14	+3.95
	Entry time: 1:13.71	(-1.57)				
	50m: 34.59	100m: 1:12.14	(37.55)			
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	365		1:17.62	+9.43
	Entry time: 1:11.45	(+6.17)				
	50m: 34.93	100m: 1:17.62	(42.69)			
4	Lea Osberg Højsted	2008 Svímjifelagið Ægir	339		1:19.53	+11.34
	Entry time: 1:14.79	(+4.74)				
	50m: 36.64	100m: 1:19.53	(42.89)			

Kapping almenn: 11.01.2025 17:17:30

Kapping 24, 100m Firvald Menn - Final

FAR	54.12	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FAR.JR	54.12	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	530		1:01.08	
	Entry time: 1:02.08	(-1.00)				
	50m: 28.80	100m: 1:01.08	(32.28)			
2	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag	503		1:02.14	+1.06
	Entry time: 1:01.32	(+0.82)				
	50m: 29.71	100m: 1:02.14	(32.43)			
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	208		1:23.37	+22.29
	Entry time: 1:19.39	(+3.98)				
	50m: 38.44	100m: 1:23.37	(44.93)			

12-01-2025 15:04:00

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 13/24





Úrslit

Kapping 24, 100m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Nóa Róason Staksund	2011 Havnar Svimmifelag		151	1:32.78	+31.70
	Entry time: 1:36.79 (-4.01)					
	50m: 40.67	100m: 1:32.78 (52.11)				
5	Símun Eliassen	2011 Havnar Svimmifelag		103	1:45.18	+44.10
	50m: 45.34	100m: 1:45.18 (59.84)				
6	Bragi Bjarnason	2012 Havnar Svimmifelag		98	1:47.18	+46.10
	Entry time: 1:41.78 (+5.40)					
	50m: 49.02	100m: 1:47.18 (58.16)				

Kapping almenn: 11.01.2025 17:19:12

Kapping 25, 100m Frí Kvinnur - Final

FAR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FRO) Vagur (FRO) 24.02.2018
FAR.JR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FRO) Vagur (FRO) 24.02.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svimmifelag		585	1:01.82	
	Entry time: 58.77 (+3.05)					
	50m: 29.45	100m: 1:01.82 (32.37)				
2	Jórun Winther	2011 Suðuroyar Svimmifelag		537	1:03.59	+1.77
	Entry time: 1:02.38 (+1.21)					
	50m: 30.03	100m: 1:03.59 (33.56)				
3	Durita Mohr Askham	2008 Svimmifelagið Ægir		460	1:06.98	+5.16
	Entry time: 1:03.80 (+3.18)					
	50m: 32.63	100m: 1:06.98 (34.35)				
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svimmifelag		442	1:07.87	+6.05
	Entry time: 1:06.46 (+1.41)					
	50m: 33.28	100m: 1:07.87 (34.59)				
5	Sissal Rógvadóttir	2010 Suðuroyar Svimmifelag		416	1:09.22	+7.40
	Entry time: 1:10.29 (-1.07)					
	50m: 32.04	100m: 1:09.22 (37.18)				
6	Sirið Vesturtún	2011 Fuglafjarðar Svimmifelag		403	1:09.97	+8.15
	Entry time: 1:07.80 (+2.17)					
	50m: 33.04	100m: 1:09.97 (36.93)				
7	Emma Debes	2010 Suðuroyar Svimmifelag		396	1:10.41	+8.59
	Entry time: 1:06.67 (+3.74)					
	50m: 33.39	100m: 1:10.41 (37.02)				
8	Lea Petersen	2009 Svimmifelagið Ægir		392	1:10.60	+8.78
	Entry time: 1:04.91 (+5.69)					
	50m: 33.47	100m: 1:10.60 (37.13)				
9	Mariella Henriksen	2010 Havnar Svimmifelag		386	1:11.00	+9.18
	Entry time: 1:06.73 (+4.27)					
	50m: 33.98	100m: 1:11.00 (37.02)				
10	Ninna í Hjøllum	2009 Suðuroyar Svimmifelag		324	1:15.25	+13.43
	Entry time: 1:11.17 (+4.08)					
	50m: 35.33	100m: 1:15.25 (39.92)				
11	Naomi Friang	2010 Fuglafjarðar Svimmifelag		315	1:15.96	+14.14
	Entry time: 1:13.42 (+2.54)					
	50m: 36.38	100m: 1:15.96 (39.58)				
12	Lilja Sørensen	2011 Havnar Svimmifelag		293	1:17.79	+15.97
	Entry time: 1:12.54 (+5.25)					
	50m: 37.08	100m: 1:17.79 (40.71)				



Úrslit

Kapping 25, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
13	Lea í Trøðini	2011 Suðuroyar Svimmifelag		283	1:18.70	+16.88
	Entry time: 1:20.17 (-1.47)					
	50m: 37.26	100m: 1:18.70 (41.44)				
14	India Linnea Bech	2011 Havnar Svimmifelag		258	1:21.22	+19.40
	Entry time: 1:14.24 (+6.98)					
	50m: 38.28	100m: 1:21.22 (42.94)				
15	Lilja Strøm Winther	2009 Suðuroyar Svimmifelag		251	1:21.94	+20.12
	Entry time: 1:20.22 (+1.72)					
	50m: 39.10	100m: 1:21.94 (42.84)				
16	Leah Biskopstø Nielsen	2012 Havnar Svimmifelag		142	1:38.91	+37.09
	Entry time: 1:37.76 (+1.15)					
	50m: 44.42	100m: 1:38.91 (54.49)				
17	Ebba Kirke Davidsen	2013 Suðuroyar Svimmifelag		109	1:47.98	+46.16
	Entry time: 1:47.82 (+0.16)					
	50m: 49.95	100m: 1:47.98 (58.03)				
18	Tóta Sofía Gudmundsen	2014 Suðuroyar Svimmifelag		106	1:49.17	+47.35
	Entry time: 1:48.42 (+0.75)					
	50m: 53.58	100m: 1:49.17 (55.59)				
-	Jytte Kirke Davidsen	2013 Suðuroyar Svimmifelag			DSQ	
	SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)					
-	Noomi Hella Jacobsen	2012 Havnar Svimmifelag			DNS	

Kapping almenn: 11.01.2025 17:28:32

Kapping 26, 100m Frí Menn - Final

FAR 51.91 Magnus Jákupsson 1994 Havnar Svimmifelag (DEN) Esbjerg (DEN) 10.07.2012
FAR.JR 51.91 Magnus Jákupsson 1994 Havnar Svimmifelag (DEN) Esbjerg (DEN) 10.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svimmifelag		532	57.81	
	Entry time: 56.87 (+0.94)					
	50m: 28.20	100m: 57.81 (29.61)				
2	Bárður Ólavsson	2008 Fuglafjarðar Svimmifelag		488	59.48	+1.67
	Entry time: 57.80 (+1.68)					
	50m: 29.35	100m: 59.48 (30.13)				
3	Jóhannis í Stórustovu	2011 Havnar Svimmifelag		404	1:03.34	+5.53
	Entry time: 59.18 (+4.16)					
	50m: 30.60	100m: 1:03.34 (32.74)				
4	Tórir Olsen	2011 Svimmifelagið Ægir		360	1:05.87	+8.06
	Entry time: 1:03.83 (+2.04)					
	50m: 31.31	100m: 1:05.87 (34.56)				
5	Aron Berg Joensen	2009 Havnar Svimmifelag		335	1:07.45	+9.64
	Entry time: 1:04.38 (+3.07)					
	50m: 31.21	100m: 1:07.45 (36.24)				
6	Teitur Miné Róason	2011 Havnar Svimmifelag		334	1:07.50	+9.69
	Entry time: 1:07.86 (-0.36)					
	50m: 31.28	100m: 1:07.50 (36.22)				
7	Jónatan Samuelsen	2010 Havnar Svimmifelag		332	1:07.62	+9.81
	Entry time: 1:05.36 (+2.26)					
	50m: 32.51	100m: 1:07.62 (35.11)				
8	Haraldur Mortensen	2010 Suðuroyar Svimmifelag		330	1:07.76	+9.95
	Entry time: 1:09.01 (-1.25)					
	50m: 32.21	100m: 1:07.76 (35.55)				

12-01-2025 15:04:01

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svimmifelag

Síða 15/24





Úrslit

Kapping 26, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
9	Sigbjartur J. Egholm	2009 Havnar Svimmifelag		289	1:10.84	+13.03
	Entry time: 1:03.96 (+6.88)					
	50m: 32.68	100m: 1:10.84 (38.16)				
10	Nóa Róason Stakksund	2011 Havnar Svimmifelag		272	1:12.24	+14.43
	Entry time: 1:10.25 (+1.99)					
	50m: 34.21	100m: 1:12.24 (38.03)				
11	Fríðálvur Eliassen	2011 Fuglafjarðar Svimmifelag		271	1:12.34	+14.53
	Entry time: 1:12.19 (+0.15)					
	50m: 36.51	100m: 1:12.34 (35.83)				
12	Dávur Eið	2012 Suðuroyar Svimmifelag		260	1:13.34	+15.53
	Entry time: 1:14.29 (-0.95)					
	50m: 35.26	100m: 1:13.34 (38.08)				
13	Símun Eliassen	2011 Havnar Svimmifelag		212	1:18.52	+20.71
	Entry time: 1:14.73 (+3.79)					
	50m: 38.05	100m: 1:18.52 (40.47)				
14	Terji Kjærbo	2012 Suðuroyar Svimmifelag		208	1:19.05	+21.24
	Entry time: 1:23.17 (-4.12)					
	50m: 36.97	100m: 1:19.05 (42.08)				
15	Andrias Mellemgard	2009 Havnar Svimmifelag		205	1:19.42	+21.61 S9
	Entry time: 1:14.60 (+4.82)					
	50m: 37.88	100m: 1:19.42 (41.54)				
16	Bragi Bjarnason	2012 Havnar Svimmifelag		204	1:19.48	+21.67
	Entry time: 1:20.51 (-1.03)					
	50m: 38.39	100m: 1:19.48 (41.09)				
17	Jógvan Vesturtún	2013 Fuglafjarðar Svimmifelag		192	1:21.09	+23.28
	Entry time: 1:20.04 (+1.05)					
	50m: 38.85	100m: 1:21.09 (42.24)				
18	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svimmifelag		160	1:26.30	+28.49
	Entry time: 1:26.48 (-0.18)					
	50m: 41.65	100m: 1:26.30 (44.65)				
19	Kían Sairoid Villanueva	2013 Fuglafjarðar Svimmifelag		153	1:27.43	+29.62
	Entry time: 1:22.48 (+4.95)					
	50m: 41.76	100m: 1:27.43 (45.67)				
20	Jonnhard Winther	2015 Suðuroyar Svimmifelag		127	1:33.11	+35.30
	Entry time: 1:32.86 (+0.25)					
	50m: 43.97	100m: 1:33.11 (49.14)				
21	Bárður Rógvason	2013 Suðuroyar Svimmifelag		94	1:42.75	+44.94
	Entry time: 1:45.12 (-2.37)					
	50m: 48.21	100m: 1:42.75 (54.54)				
22	Benjamin Clementsen	2012 Suðuroyar Svimmifelag		94	1:42.97	+45.16
	Entry time: 1:43.34 (-0.37)					
	50m: 47.25	100m: 1:42.97 (55.72)				
23	Niels Jacob Thomsen	2014 Suðuroyar Svimmifelag		84	1:46.69	+48.88
	Entry time: 1:46.96 (-0.27)					
	50m: 52.43	100m: 1:46.69 (54.26)				
-	Heini Mohr Askham	2006 Svimmifelagið Ægir			DNS	
-	Theodor Salter	2011 Havnar Svimmifelag			DNS	

Kapping almenn: 11.01.2025 17:41:58

Kapping 27, 1500m Frí Kvinnur - Final

FAR 17:25.28 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FRO) Broenshoej (DEN) 13.04.2016

12-01-2025 15:04:01

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svimmifelag

Síða 16/24





Úrslit

Kapping 27, 1500m Frí Kvinnur - Final

FAR.JR 17:25.28 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Broenshoej (DEN) 13.04.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir		430	20:18.63	
	50m: 34.42	100m: 1:12.55 (38.13)	150m: 1:51.77 (39.22)	200m: 2:31.41 (39.64)		
	250m: 3:10.65 (39.24)	300m: 3:50.94 (40.29)	350m: 4:31.03 (40.09)	400m: 5:11.04 (40.01)		
	450m: 5:51.40 (40.36)	500m: 6:32.18 (40.78)	550m: 7:12.47 (40.29)	600m: 7:53.67 (41.20)		
	650m: 8:34.97 (41.30)	700m: 9:16.91 (41.94)	750m: 9:58.15 (41.24)	800m: 10:39.81 (41.66)		
	850m: 11:21.81 (42.00)	900m: 12:03.58 (41.77)	950m: 12:45.22 (41.64)	1000m: 13:27.06 (41.84)		
	1050m: 14:08.56 (41.50)	1100m: 14:50.91 (42.35)	1150m: 15:32.59 (41.68)	1200m: 16:14.21 (41.62)		
	1250m: 16:55.48 (41.27)	1300m: 17:37.74 (42.26)	1350m: 18:19.37 (41.63)	1400m: 19:01.19 (41.82)		
	1450m: 19:39.88 (38.69)	1500m: 20:18.63 (38.75)				

Kapping almenn: 12.01.2025 13:32:33

Kapping 29, 200m Frí Kvinnur - Final

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016

FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		566	2:16.38	
	Entry time: 2:07.19 (+9.19)					
	50m: 31.28	100m: 1:06.70 (35.42)	150m: 1:41.83 (35.13)	200m: 2:16.38 (34.55)		
2	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag		549	2:17.76	+1.38
	Entry time: 2:17.33 (+0.43)					
	50m: 31.98	100m: 1:07.62 (35.64)	150m: 1:42.74 (35.12)	200m: 2:17.76 (35.02)		
3	Jórun Winther	2011 Suðuroyar Svímjifelag		461	2:25.98	+9.60
	Entry time: 2:17.75 (+8.23)					
	50m: 31.84	100m: 1:08.63 (36.79)	150m: 1:47.28 (38.65)	200m: 2:25.98 (38.70)		
4	Emma Debés	2010 Suðuroyar Svímjifelag		358	2:38.89	+22.51
	Entry time: 2:28.78 (+10.11)					
	50m: 34.65	100m: 1:15.10 (40.45)	150m: 1:57.65 (42.55)	200m: 2:38.89 (41.24)		
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag		349	2:40.22	+23.84
	Entry time: 2:40.55 (-0.33)					
	50m: 36.25	100m: 1:16.36 (40.11)	150m: 1:58.99 (42.63)	200m: 2:40.22 (41.23)		
6	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		338	2:41.92	+25.54
	Entry time: 2:29.21 (+12.71)					
	50m: 35.29	100m: 1:16.01 (40.72)	150m: 1:59.32 (43.31)	200m: 2:41.92 (42.60)		
7	Lilja Sørensen	2011 Havnar Svímjifelag		314	2:46.01	+29.63
	Entry time: 2:40.73 (+5.28)					
	50m: 37.97	100m: 1:21.13 (43.16)	150m: 2:04.26 (43.13)	200m: 2:46.01 (41.75)		
8	Lea Bendix á Krákusteini	2011 Havnar Svímjifelag		297	2:49.07	+32.69
	Entry time: 2:42.04 (+7.03)					
	50m: 38.67	100m: 1:22.38 (43.71)	150m: 2:06.05 (43.67)	200m: 2:49.07 (43.02)		
9	India Linnea Bech	2011 Havnar Svímjifelag		283	2:51.69	+35.31
	Entry time: 2:46.46 (+5.23)					
	50m: 38.65	100m: 1:22.92 (44.27)	150m: 2:07.60 (44.68)	200m: 2:51.69 (44.09)		
10	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		120	3:48.47	+1:32.09
	Entry time: 3:48.49 (-0.02)					
	50m: 47.41	100m: 1:45.50 (58.09)	150m: 2:46.47 (1:00.97)	200m: 3:48.47 (1:02.00)		
-	Mariella Henriksen	2010 Havnar Svímjifelag			DNS	

Kapping almenn: 12.01.2025 13:36:08

Kapping 30, 200m Frí Menn - Final

FAR 1:48.98 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 23.03.2012

FAR.JR 1:53.14 Liggjas Joensen 2008 Ægir Klaksvik (FRO) Helsinki (FIN) 02.07.2024

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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12-01-2025 15:04:01

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 17/24





Úrslit

Kapping 30, 200m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		547	2:04.66	
	Entry time: 2:01.53 (+3.13)					
	50m: 28.35	100m: 59.64 (31.29)	150m: 1:32.50 (32.86)		200m: 2:04.66 (32.16)	
2	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag		544	2:04.89	+0.23
	Entry time: 2:05.85 (-0.96)					
	50m: 28.79	100m: 1:00.23 (31.44)	150m: 1:32.82 (32.59)		200m: 2:04.89 (32.07)	
3	Jón Hofgaard	1992 Suðuroyar Svímjifelag		486	2:09.67	+5.01
	Entry time: 2:08.93 (+0.74)					
	50m: 29.98	100m: 1:02.74 (32.76)	150m: 1:36.60 (33.86)		200m: 2:09.67 (33.07)	
4	Tórir Olsen	2011 Svímjifelagið Ægir		378	2:20.97	+16.31
	Entry time: 2:19.17 (+1.80)					
	50m: 32.70	100m: 1:08.72 (36.02)	150m: 1:46.06 (37.34)		200m: 2:20.97 (34.91)	
5	Theodor Salter	2011 Havnar Svímjifelag		345	2:25.32	+20.66
	Entry time: 2:20.30 (+5.02)					
	50m: 33.42	100m: 1:10.31 (36.89)	150m: 1:48.32 (38.01)		200m: 2:25.32 (37.00)	
6	Aron Berg Joensen	2009 Havnar Svímjifelag		340	2:26.11	+21.45
	Entry time: 2:20.44 (+5.67)					
	50m: 32.73	100m: 1:09.84 (37.11)	150m: 1:48.29 (38.45)		200m: 2:26.11 (37.82)	
7	Jónatan Samuelsen	2010 Havnar Svímjifelag		322	2:28.75	+24.09
	Entry time: 2:23.23 (+5.52)					
	50m: 33.42	100m: 1:11.75 (38.33)	150m: 1:50.96 (39.21)		200m: 2:28.75 (37.79)	
8	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		275	2:36.85	+32.19
	Entry time: 2:30.89 (+5.96)					
	50m: 36.72	100m: 1:17.06 (40.34)	150m: 1:59.06 (42.00)		200m: 2:36.85 (37.79)	
9	Nóa Róason Stakksund	2011 Havnar Svímjifelag		262	2:39.33	+34.67
	Entry time: 2:35.86 (+3.47)					
	50m: 34.83	100m: 1:15.21 (40.38)	150m: 1:58.72 (43.51)		200m: 2:39.33 (40.61)	
10	Símun Eliassen	2011 Havnar Svímjifelag		226	2:47.45	+42.79
	Entry time: 2:46.37 (+1.08)					
	50m: 37.79	100m: 1:19.80 (42.01)	150m: 2:05.00 (45.20)		200m: 2:47.45 (42.45)	
11	Bragi Bjarnason	2012 Havnar Svímjifelag		220	2:48.76	+44.10
	Entry time: 2:54.28 (-5.52)					
	50m: 36.55	100m: 1:18.90 (42.35)	150m: 2:03.88 (44.98)		200m: 2:48.76 (44.88)	
12	Terji Kjærbo	2012 Suðuroyar Svímjifelag		211	2:51.17	+46.51
	Entry time: 3:12.60 (-21.43)					
	50m: 37.09	100m: 1:23.44 (46.35)	150m: 2:09.97 (46.53)		200m: 2:51.17 (41.20)	
13	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		209	2:51.76	+47.10
	Entry time: 2:57.27 (-5.51)					
	50m: 39.60	100m: 1:24.18 (44.58)	150m: 2:09.51 (45.33)		200m: 2:51.76 (42.25)	
14	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		177	3:01.41	+56.75
	Entry time: 3:05.11 (-3.70)					
	50m: 41.05	100m: 1:29.11 (48.06)	150m: 2:17.33 (48.22)		200m: 3:01.41 (44.08)	
15	Kían Sairoid Villanueva	2013 Fuglafjarðar Svímjifelag		147	3:13.23	+1:08.57
	Entry time: 3:17.29 (-4.06)					
	50m: 41.73	100m: 1:31.15 (49.42)	150m: 2:23.21 (52.06)		200m: 3:13.23 (50.02)	
16	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		99	3:40.41	+1:35.75
	Entry time: 3:47.86 (-7.45)					
	50m: 47.20	100m: 1:48.10 (1:00.90)	150m: 2:45.89 (57.79)		200m: 3:40.41 (54.52)	
-	Dávur Eið	2012 Suðuroyar Svímjifelag			DSQ	
	SW 4.4. Tjóststartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 12.01.2025 13:48:26					



Úrslit

Kapping 31, 50m Firvald Kvinnur - Final

FAR 28.29 Astrid Foldarskarð 1994 Svimmifelagið Flot (FRO) Broenshoej (DEN) 30.03.2014
FAR.JR 28.44 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FRO) Bergen (NOR) 14.04.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svimmifelag		510	30.56	
	Entry time: 30.84	(-0.28)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svimmifelag		477	31.25	+0.69
	Entry time: 32.44	(-1.19)				
3	Lea Osberg Højsted	2008 Svimmifelagið Ægir		458	31.68	+1.12
	Entry time: 31.23	(+0.45)				
4	Sirið Vesturtún	2011 Fuglafjarðar Svimmifelag		421	32.59	+2.03
	Entry time: 33.26	(-0.67)				
5	Durita Mohr Askham	2008 Svimmifelagið Ægir		415	32.74	+2.18
	Entry time: 32.53	(+0.21)				
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svimmifelag		407	32.95	+2.39
	Entry time: 33.11	(-0.16)				
7	Ragnhild Jacobsen	2008 Svimmifelagið Ægir		336	35.14	+4.58
	Entry time: 32.69	(+2.45)				
8	Sissal Rógvadóttir	2010 Suðuroyar Svimmifelag		326	35.47	+4.91
	Entry time: 33.42	(+2.05)				
9	Talita Johannesen	2010 Suðuroyar Svimmifelag		289	36.93	+6.37
	Entry time: 36.43	(+0.50)				
10	Lea Petersen	2009 Svimmifelagið Ægir		249	38.80	+8.24
	Entry time: 34.92	(+3.88)				
11	Jórun Winther	2011 Suðuroyar Svimmifelag		237	39.44	+8.88
	Entry time: 36.28	(+3.16)				
12	Naomi Friang	2010 Fuglafjarðar Svimmifelag		190	42.43	+11.87
	Entry time: 44.40	(-1.97)				
13	Lea Í Trøðini	2011 Suðuroyar Svimmifelag		176	43.52	+12.96
	Entry time: 44.44	(-0.92)				
14	Lilja Strøm Winther	2009 Suðuroyar Svimmifelag		161	44.83	+14.27
	Entry time: 44.06	(+0.77)				
15	Jytte Kirke Davidsen	2013 Suðuroyar Svimmifelag		120	49.42	+18.86
16	Leah Biskopstø Nielsen	2012 Havnar Svimmifelag		79	56.93	+26.37
	Entry time: 51.92	(+5.01)				
17	Ebba Kirke Davidsen	2013 Suðuroyar Svimmifelag		73	58.38	+27.82
	Entry time: 1:04.54	(-6.16)				
18	Tóta Sofía Gudmundsen	2014 Suðuroyar Svimmifelag		61	1:01.81	+31.25
	Entry time: 1:00.23	(+1.58)				
-	Lea Bendix á Krákusteini	2011 Havnar Svimmifelag			DNS	
-	Bjarta í Lágabø	2009 Suðuroyar Svimmifelag			DNS	

Kapping almenn: 12.01.2025 13:54:53

Kapping 32, 50m Firvald Menn - Final

FAR 24.69 Magnus Jákupsson 1994 Havnar Svimmifelag (DEN) Antwerp (BEL) 04.07.2012
FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svimmifelag (DEN) Antwerp (BEL) 04.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 32, 50m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen Entry time: 28.31 (+0.10)	2008 Fuglafjarðar Svimmifelag		481	28.41	
2	Bárður Ólavsson Entry time: 28.57 (+0.10)	2008 Fuglafjarðar Svimmifelag		468	28.67	+0.26
3	Jóhannis í Stórustovu Entry time: 29.39 (+3.03)	2011 Havnar Svimmifelag		324	32.42	+4.01
4	Haraldur Mortensen Entry time: 36.13 (-2.86)	2010 Suðuroyar Svimmifelag		299	33.27	+4.86
5	Tórir Olsen Entry time: 33.16 (+0.32)	2011 Svimmifelagið Ægir		294	33.48	+5.07
6	Fríðálvur Eliassen Entry time: 36.29 (-1.99)	2011 Fuglafjarðar Svimmifelag		273	34.30	+5.89
7	Teitur Miné Róason Entry time: 34.72 (+2.89)	2011 Havnar Svimmifelag		207	37.61	+9.20
8	Terji Kjærbo Entry time: 40.88 (-0.91)	2012 Suðuroyar Svimmifelag		172	39.97	+11.56
9	Andrias Mellemgard Entry time: 38.58 (+1.59)	2009 Havnar Svimmifelag		170	40.17	+11.76 S9
10	Dávur Eið Entry time: 48.21 (-7.41)	2012 Suðuroyar Svimmifelag		162	40.80	+12.39
11	Bænadikt Helig Eliassen Entry time: 46.13 (-2.11)	2013 Fuglafjarðar Svimmifelag		129	44.02	+15.61
12	Bragi Bjarnason Entry time: 47.38 (-2.03)	2012 Havnar Svimmifelag		118	45.35	+16.94
13	Elias í Lágabø Entry time: 48.02 (-1.37)	2014 Suðuroyar Svimmifelag		108	46.65	+18.24
14	Jógvan Vesturtún Entry time: 48.32 (-0.05)	2013 Fuglafjarðar Svimmifelag		98	48.27	+19.86
15	Sævar Strøm Entry time: 46.15 (+3.24)	2014 Suðuroyar Svimmifelag		91	49.39	+20.98
16	Jonnhard Winther Entry time: 53.99 (-3.97)	2015 Suðuroyar Svimmifelag		88	50.02	+21.61
17	Kian Saiold Villanueva Entry time: 50.57 (+0.30)	2013 Fuglafjarðar Svimmifelag		83	50.87	+22.46
18	Bárður Rógvason Entry time: 59.89 (-4.24)	2013 Suðuroyar Svimmifelag		64	55.65	+27.24
19	Ian Strøm Entry time: 56.73 (+1.11)	2015 Suðuroyar Svimmifelag		57	57.84	+29.43
-	Niels Jacob Thomsen SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)	2014 Suðuroyar Svimmifelag			DSQ	

Kapping almenn: 12.01.2025 13:59:58

Kapping 33, 200m Bringu Kvinnur - Final

FAR	2:41.82	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024	
FAR.JR	2:41.82	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur

12-01-2025 15:04:02

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svimmifelag

Síða 20/24





Úrslit

Kapping 33, 200m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svimmifelag		416	3:04.23	
	Entry time: 2:58.66 (+5.57)					
	50m: 42.91	100m: 1:29.18 (46.27)	150m: 2:17.87 (48.69)		200m: 3:04.23 (46.36)	
-	Julia Amona Ludvig	2013 Suðuroyar Svimmifelag			DNS	

Kapping almenn: 12.01.2025 14:16:00

Kapping 34, 200m Bringu Menn - Final

FAR	2:21.71	Pál Joensen	1990 Suðuroyar Svimmifelag (FR Bergen (NOR)			31.05.2015
FAR.JR	2:23.72	Róland Toftum	1998 Suðuroyar Svimmifelag (FR Laugardalslaug (ISL)			24.01.2016
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Dávur Eið	2012 Suðuroyar Svimmifelag		179	3:42.39	
	Entry time: 3:53.24 (-10.85)					
	50m: 52.33	100m: 1:49.69 (57.36)	150m: 2:48.80 (59.11)		200m: 3:42.39 (53.59)	
2	Jógvan Vesturtún	2013 Fuglafjarðar Svimmifelag		178	3:42.90	+0.51
	Entry time: 3:39.93 (+2.97)					
	50m: 52.13	100m: 1:48.72 (56.59)	150m: 2:46.92 (58.20)		200m: 3:42.90 (55.98)	

Kapping almenn: 12.01.2025 14:24:07

Kapping 35, 50m Rygg Kvinnur - Final

FAR	29.47	Elisabeth Erlendsdóttir	2005 Havnar Svimmifelag (FRO)	Kobenhavn (DEN)		13.04.2024
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)		04.04.2017
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svimmifelagið Ægir		511	33.59	
	Entry time: 32.52 (+1.07)					
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svimmifelag		486	34.15	+0.56
	Entry time: 33.13 (+1.02)					
3	Jórun Winther	2011 Suðuroyar Svimmifelag		464	34.68	+1.09
	Entry time: 33.28 (+1.40)					
4	Durita Mohr Askham	2008 Svimmifelagið Ægir		452	34.98	+1.39
	Entry time: 35.74 (-0.76)					
5	Sirið Vesturtún	2011 Fuglafjarðar Svimmifelag		426	35.68	+2.09
	Entry time: 35.70 (-0.02)					
6	Sissal Rógvadóttir	2010 Suðuroyar Svimmifelag		372	37.33	+3.74
	Entry time: 36.77 (+0.56)					
7	Emma Debes	2010 Suðuroyar Svimmifelag		359	37.79	+4.20
	Entry time: 34.33 (+3.46)					
8	Ragnhild Jacobsen	2008 Svimmifelagið Ægir		346	38.25	+4.66
	Entry time: 35.87 (+2.38)					
9	Naomi Friang	2010 Fuglafjarðar Svimmifelag		279	41.07	+7.48
	Entry time: 38.82 (+2.25)					
10	Talita Johannesen	2010 Suðuroyar Svimmifelag		275	41.26	+7.67
	Entry time: 37.14 (+4.12)					
11	Lea Bendix á Krákusteini	2011 Havnar Svimmifelag		256	42.26	+8.67
	Entry time: 40.88 (+1.38)					
12	Lilja Sørensen	2011 Havnar Svimmifelag		247	42.77	+9.18
	Entry time: 39.02 (+3.75)					
13	Lilja Strøm Winther	2009 Suðuroyar Svimmifelag		247	42.80	+9.21
	Entry time: 41.38 (+1.42)					



Úrslit

Kapping 35, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
14	Lea Í Trøðini Entry time: 43.21 (+0.12)	2011 Suðuroyar Svímjifelag		238	43.33	+9.74
15	India Linnea Bech Entry time: 44.39 (+1.57)	2011 Havnar Svímjifelag		199	45.96	+12.37
16	Jytte Kirke Davidsen Entry time: 52.58 (-4.67)	2013 Suðuroyar Svímjifelag		176	47.91	+14.32
17	Ebba Kirke Davidsen Entry time: 54.73 (-5.35)	2013 Suðuroyar Svímjifelag		160	49.38	+15.79
18	Leah Biskopstø Nielsen Entry time: 48.83 (+2.92)	2012 Havnar Svímjifelag		139	51.75	+18.16
19	Tóta Sofía Gudmundsen Entry time: 58.27 (-3.11)	2014 Suðuroyar Svímjifelag		115	55.16	+21.57
-	Mariella Henriksen	2010 Havnar Svímjifelag			DNS	
-	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag			DNS	
-	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 12.01.2025 14:34:53

Kapping 36, 50m Rygg Menn - Final

FAR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson Entry time: 31.74 (+0.42)	2008 Fuglafjarðar Svímjifelag		392	32.16	
2	Fróði Hansen Entry time: 31.37 (+1.41)	2008 Fuglafjarðar Svímjifelag		370	32.78	+0.62
3	Aron Berg Joensen Entry time: 34.43 (+1.33)	2009 Havnar Svímjifelag		285	35.76	+3.60
4	Jónatan Samuelsen Entry time: 33.98 (+1.83)	2010 Havnar Svímjifelag		284	35.81	+3.65
5	Haraldur Mortensen Entry time: 37.36 (-1.25)	2010 Suðuroyar Svímjifelag		277	36.11	+3.95
6	Teitur Winther Entry time: 33.72 (+2.46)	2005 Suðuroyar Svímjifelag		275	36.18	+4.02
7	Tórir Olsen Entry time: 35.60 (+1.15)	2011 Svímjifelagið Ægir		263	36.75	+4.59
8	Sigbjartur J. Egholm Entry time: 38.46 (+0.37)	2009 Havnar Svímjifelag		223	38.83	+6.67
9	Nóa Róason Stakksund Entry time: 40.54 (-1.13)	2011 Havnar Svímjifelag		213	39.41	+7.25
10	Terji Kjærbo Entry time: 41.49 (-1.99)	2012 Suðuroyar Svímjifelag		211	39.50	+7.34
11	Andrias Mellemgard Entry time: 41.87 (-2.30)	2009 Havnar Svímjifelag		210	39.57	+7.41 S9
12	Elias í Lágabø Entry time: 41.04 (-0.03)	2014 Suðuroyar Svímjifelag		189	41.01	+8.85



Kapping 36, 50m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
13	Fríðálvur Eliassen Entry time: 41.99 (-0.96)	2011 Fuglafjarðar Svimmifelag		189	41.03	+8.87
14	Símun Eliassen Entry time: 41.84 (+0.18)	2011 Havnar Svimmifelag		176	42.02	+9.86
15	Dávur Eið Entry time: 42.37 (+0.82)	2012 Suðuroyar Svimmifelag		162	43.19	+11.03
16	Bragi Bjarnason Entry time: 46.50 (-3.10)	2012 Havnar Svimmifelag		159	43.40	+11.24
17	Kian Sairoid Villanueva Entry time: 42.61 (+2.28)	2013 Fuglafjarðar Svimmifelag		144	44.89	+12.73
18	Jógvan Vesturtún Entry time: 46.87 (-0.74)	2013 Fuglafjarðar Svimmifelag		133	46.13	+13.97
19	Bænadikt Helig Eliassen Entry time: 47.21 (-0.83)	2013 Fuglafjarðar Svimmifelag		130	46.38	+14.22
20	Benjamin Clementsen Entry time: 48.42 (-1.46)	2012 Suðuroyar Svimmifelag		126	46.96	+14.80
21	Sævar Strøm Entry time: 44.74 (+2.23)	2014 Suðuroyar Svimmifelag		126	46.97	+14.81
22	Jonhard Winther Entry time: 49.33 (-0.29)	2015 Suðuroyar Svimmifelag		110	49.04	+16.88
23	Bárður Rógvason Entry time: 51.33 (+0.16)	2013 Suðuroyar Svimmifelag		95	51.49	+19.33
24	Niels Jacob Thomsen Entry time: 58.11 (-5.71)	2014 Suðuroyar Svimmifelag		90	52.40	+20.24
25	Ian Strøm Entry time: 54.76 (+3.92)	2015 Suðuroyar Svimmifelag		64	58.68	+26.52
-	Jóhannis í Stórustovu	2011 Havnar Svimmifelag			DNS	
-	Teitur Miné Róason	2011 Havnar Svimmifelag			DNS	

Kapping almenn: 12.01.2025 14:40:18

Kapping 37, 4x100m Blandað Kvinnur - Final

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur Felag	AQU	Tíð	Munur
1	Svimmifelagið Ægir	17 Svimmifelagið Ægir	454	4:59.61	
	Róa Trygvadóttir	2008	37.16	1:16.96	1:16.96
	Lea Osberg Højsted	2008	35.82	1:16.17	2:33.13
	Durita Mohr Askham	2008	33.57	1:16.29	3:49.42
	Lea Petersen	2009	33.47	1:10.19	4:59.61
2	Fuglafjarðar Svimmifelag	18 Fuglafjarðar Svimmifelag	373	5:20.05	+20.44
	Sirið Vesturtún	2011	39.24	1:22.27	1:22.27
	Rebekka Róðinsdóttir	2007	42.07	1:31.38	2:53.65
	Jóhanna Ólavsdóttir	2007	32.34	1:11.45	4:05.10
	Naomi Friang	2010	35.71	1:14.95	5:20.05



Úrslit

Kapping 37, 4x100m Blandað Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
3	Suðuroyar Svímjifelag lag 2		22 Suðuroyar Svímjifelag	306	5:41.54	+41.93
	Sissal Rógvadóttir	2010		38.76	1:19.51	1:19.51
	Alisa Vestergård	2003		41.67	1:30.08	2:49.59
	Jórun Winther	2011		41.13	1:35.80	4:25.39
	Ninna í Hjøllum	2009		35.09	1:16.15	5:41.54
4	HS GENTUR 1		16 Havnar Svímjifelag	254	6:03.52	+1:03.9
	Lea Bendix á Krákusteini	2011		45.85	1:33.76	1:33.76
	India Linnea Bech	2011		50.77	1:45.60	3:19.36
	Lilja Lenvig Harrysdóttir	2009		39.95	1:25.32	4:44.68
	Lilja Sørensen	2011		37.26	1:18.84	6:03.52
5	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag	251	6:05.10	+1:05.4
	Emma Debes	2010		40.02	1:24.30	1:24.30
	Lilja Strøm Winther	2009		49.51	1:49.05	3:13.35
	Talita Johannesen	2010		40.21	1:31.06	4:44.41
	Lea í Trøðini	2011		37.21	1:20.69	6:05.10
-	HS GENTUR 2		0 Havnar Svímjifelag		DNS	

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Kapping 38, 4x100m Blandað Menn - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS DREINGIR 2		16 Havnar Svímjifelag	223	5:40.49	
	Jónatan Samuelsen	2010		41.62	1:24.27	1:24.27
	Sigbjartur J. Egholm	2009		44.19	1:34.64	2:58.91
	Aron Berg Joensen	2009		40.90	1:29.81	4:28.72
	Theodor Salter	2011		35.18	1:11.77	5:40.49
2	Fuglafjarðar Svímjifelag		14 Fuglafjarðar Svímjifelag	160	6:20.57	+40.08
	Kian Sairoid Villanueva	2013		49.01	1:40.60	1:40.60
	Jógvan Vesturtún	2013		53.27	1:50.75	3:31.35
	Fríðálvur Eliassen	2011		38.39	1:23.18	4:54.53
	Bænadikt Helig Eliassen	2013		42.54	1:26.04	6:20.57
3	HS DREINGIR 1		16 Havnar Svímjifelag	157	6:22.86	+42.37
	Bragi Bjarnason	2012		46.45	1:36.18	1:36.18
	Símun Eliassen	2011		49.59	1:47.59	3:23.77
	Nóa Róason Stakksund	2011		43.30	1:42.99	5:06.76
	Andrias Mellemgard	2009	S9	33.95	1:16.10	6:22.86

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